Large Group Plans
Optima Health
Benefit Changes

The following changes apply to ODU Research Foundation effective on July 1, 2019

All Plans

- The Mental Health Outpatient Office and Mental Health Other Outpatient benefits have been split out to showcase the different cost shares between an in-office physician visit and a facility or other type of visit.

- Travel and Lodging, in relation to Transplant Care, provides coverage for approved eligible expenses if traveling over 50 miles from residence to hospital.

- Sleep Studies, which is part of the Outpatient Advanced Imaging and Testing Procedures benefit, will require pre-authorization.

- In compliance with a Virginia General Assembly bill effective 2019, Optima Health will permit and apply a prorated daily cost sharing rate to prescription drugs covered under Fully Insured plans. Prescriptions will be dispensed by an In-Network pharmacy for a partial supply if the prescribing provider or pharmacist determines the fill or refill to be in the best interest of the Member, and the Member requests or agrees to a partial supply for the purpose of synchronizing medications. Proration will not occur more frequently than annually.

Plus 20/20%

- In-Network Out-of-Pocket Maximum will increase to $3,000 per individual and $6,000 per family.

- In-Network PCP Office Visit will increase to $20.

- In-Network Specialist Office visit will increase to $40.

- Outpatient Surgery $50 Copayment has been removed. Benefit will be You Pay 20%.